



GIRLS SPRING 2025 SOCIAL SKILLS GROUP

ABOUT THE GROUP

Kimel Psychological Services is excited to offer our next Girls Social Skills Group! This group is for neurodiverse teens (ASD, ADHD, social anxiety) ages 12-16 who identify as female or non-binary (assigned female at birth) and want to work on developing important life and social skills while making friends. The group will be an adaptation of the UCLA PEERS model & other empirically supported strategies.. It will run for 10 weeks and will be led by Dr. Lila Kimel and several master's-level therapists.

TOPICS

maintaining friendships
puberty & hygiene
coping with stress
self-advocacy & safety
managing conflict
dating
handling rejection
teasing & bullying
phone calling skills
AND MORE!

GROUP DETAILS

- Tuesdays | 4:30PM-6:00PM
- March 11th - May 20th (skipping week of spring break)
- \$200/session
- 10 teens and their parents (parent group held in separate room)
- Ages 12-16
- For verbally fluent, academically mainstreamed teens with ASD -OR- a related diagnosis with significant social difficulties
- Parent participation required (parents have their own group!)
- 3 community outings
- 2170 S Parker Rd. Suite 290, Denver, CO 80231

HOW TO ENROLL

1. Call 303-369-1777 to complete a 10-minute phone screen.
2. Meet virtually for a 20-minute intake appointment to discuss you and your teen's individual goals and priorities (at no additional cost). Both parent and teen must attend.
3. Complete the enrollment packet and provide a \$50 deposit to secure your teen's spot in the group. The deposit will go towards the overall cost of the group

Questions? Contact us at 303-369-1777 or info@kimelpsych.com

